

## RISK INSIGHTS

### TRAMPOLINE SAFETY

A 1998 report released by the Canadian Hospital Injury Reporting and Prevention Program (CHIRPP) noted that the hospital network had collected data on 149 trampoline-related injuries in 1990 and almost four times as many, 557 injuries, in 1998. That was over 20 years ago and the number of injuries has most likely increased on an annual basis, as trampolines and trampoline parks have increased in popularity. There's also more availability to use this equipment at camps and other recreational parks. **According to Health Canada, most trampoline accidents or injuries occur to children in the 5-14-year age range (78.9%).**

#### HERE ARE SOME THINGS TO BE AWARE OF, AND ADDRESS, REGARDING TRAMPOLINES:

- Are there waivers for program participants to sign prior to allowing usage? It's recommended electronic waivers be used as they are easier to track and store.
- Are trampoline rules posted in the facility? Rules need to be addressed. Rules may differ according to the type of trampoline(s) that are in the facility. Visit the [United States Consumer Product Safety Commission](#) website for a set of trampoline sample rules.
- Trampoline equipment should be inspected on a regular periodic basis. Trampolines are subject to wear and tear, depending upon the use. All parts of the trampoline should be checked to make sure all parts are in proper working order and there are no broken parts or sharp edges that may cause injury.
- Trampoline attendants should be on duty when the trampolines are being used. These attendants should be scanning their areas looking for any defective equipment or patrons breaking the rules and be able to enforce the rules. These trampoline attendants should be rotated periodically to make sure they are staying alert.
- If they're multiple trampolines in use, one idea is to take a "stop" time periodically as this will allow trampoline attendants the opportunity to discuss with other trampoline attendants any potential issues with the equipment or the patrons using the equipment.

- If using a residential trampoline, [Health Canada](#) has some guidelines that can be accessed on their website.

Where trampolines are in use, all staff should be familiar with the rules and requirements of using the trampolines. Everyone is responsible for managing a safe operation.

For more information on making your business safer, contact our Risk Services Department at **1.833.692.4111** or visit us at [www.nbins.com](http://www.nbins.com).

